

Planning for The Cost of Care

Evaluations

A typical evaluation lasts **up to 1 hour**. For someone with insurance, the typical codes/charges would be (1EV, 1TE, 2TA) at a cost of \$285. This would be the case for someone with one issue or one region (Ex. - neck and shoulder or arm pain; OR back and hip, knee, or leg pain).

****If self-pay/cash then apply 40% self-pay/cash discount = \$170.**

We realize that a number of issues can start adding up, keeping you from doing what you love. In the cases of greater complexity (including - multiple regions, longer history of issues, or duration of symptoms, and for second opinions) additional evaluation time will be allotted, **up to 1 hour and 20 minutes**. For someone with insurance the typical codes/charges would be (1EV, 2TE, 2TA) at a cost of \$330.

****If self-pay/cash then apply 40% self-pay/cash discount = \$195.**

Follow-up appointments

The majority of cases will need a number of follow-up visits, typically 4-10 depending on the condition being treated. (Post-surgery therapy varies widely in terms of the number of follow-up visits. For major surgeries most will exceed the 10 visits given as an example in this section.) All follow-ups are a minimum of 40 minutes and can be up to an hour as needs dictate. For someone with insurance the typical codes/charges for a 40-minute session would be (1TA, 2 TE) at a cost of \$145. **The rates for self-pay/cash are discounted as follow-ups to 40 min = \$90; up to 50 min = \$110; up to 1 hour = \$135.** Assuming booking 40-minute follow-ups (for an episode of care with 4-10 visits) this translates into a cost range of \$360 to \$900. **Please note that this cost is in addition to the cost of the required initial evaluation.** This results in a very low cost of care as compared with imaging, surgery, injections, or months of spinal manipulative care.

Additional considerations

Self-pay/cash discounts are only applied when no insurance is used.

Methods of payment can vary and include cash, check, personal credit cards, use of a healthcare savings account (HSA), or healthcare flexible spending account (FSA).

Payment is expected at the time of service. However, for your convenience payment plans for a mutually agreed upon monthly amount are an option which can be set up at the time of service with the card on file system Easy Pay which is used for all credit card payment processing.