

## Planning for The Cost of Care

### Evaluations

A typical evaluation lasts **up to 1 hour**. For someone with insurance, the typical codes/charges would be (1EV, 1TE, 2TA) at a cost of \$285. This would be the case for someone with one issue or one region (Ex. - neck, shoulder or arm pain; OR back, hip, or leg pain).

**\*\*The self-pay cost for an evaluation (up to 1 hour duration) is \$190.**

In the cases of greater complexity (including - multiple regions, longer history of issues, or duration of symptoms, and for second opinions) additional evaluation time will be allotted, **up to 1 hour and 20 minutes**. For someone with insurance the typical codes/charges would be (1EV, 2TE, 2TA) at a cost of \$330.

**\*\*The self-pay cost for an evaluation (up to 1 hour and 20 minutes) is \$240.**

### Follow-up appointments

The majority of cases will need a number of follow-up visits, typically 4-10 depending on the condition being treated. (Post-surgery therapy varies widely in terms of the number of follow-up visits, post-op therapy following most surgeries will exceed the 10 visit example in this section.) Follow-up visits are up to 40 minutes, but can be scheduled for up to an hour. For someone with insurance the typical codes/charges for a 40-minute session would be (1TA, 2TE) at a cost of \$145. **\*\*The self-pay cost for up to a 40 minute follow-up visit is \$100; for up to a 50 minute follow-up visit is \$125; and up to 1 hour follow-up visit is \$150.** Assuming booking 40-minute follow-ups (for an episode of care with 4-10 visits) this translates into a cost range of \$400 to \$1000. **Please note that this cost is in addition to the cost of the required initial evaluation.** This results in a very low cost of care as compared with imaging, surgery, injections, or months of spinal manipulative care.

### Additional considerations

**\*\*Self-pay/cash discounts are ONLY applied when no insurance is used.**

Methods of payment can vary and include cash, check, personal credit cards, use of a healthcare savings account (HSA), or healthcare flexible spending account (FSA).

**Payment is expected at the time of service.** However, for your convenience payment plans for a mutually agreed upon monthly amount are an option which can be set up at the time of service by using our credit card processing card on file (COF) system.